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Holds a PhD in Sociology from the University of Guadalajara. She is a member of the National Researchers System level II. For 15 years she taught full-time and researched at the Autonomous University of Queretaro and from 2011 she is professor and researcher at CIDE.

She has worked on issues related to democratization and citizen participation; social capital; political culture and culture of legality on which she has published articles, chapters and books. Her most recent publications include: the book *Peace and Shadows; Political culture in the state of Querétaro* edited by Miguel Angel Porrúa.

Dr. Aldret has participated in several research projects and national consultations sponsored by the Federal Electoral Institute, the Mexican Youth Institute, the National Assessment (CONEVAL), by the Centre for Research and Studies Anthropology social (CIESAS) and CIDE . She currently coordinates the Master of Public Management at CIDE Seminar Leaders and High Level CIDE which is conducted jointly with the University of Yale.